

## **Assessment Procedure**

### **Mental Health and Well Being- CVAC017**

The assessment procedure of this course was done by a descriptive exam. The total mark for the exam was 50. The minimum pass percentage was 50 %. Those who secured minimum pass marks were declared qualified. A sample question paper is given below:

## **CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA Value Added Certificate Course Examination March 2019 CVAC017: MENTAL HEALTH AND WELLBEING**

**Time 2 Hrs**

**Max: 50 marks**

**Answer any 5 Questions**

**Each question carries 10 marks**

1. Explain problems with current approach to mental health
2. Elaborate mental illness
3. Discuss personality disorder
4. List mental health act and explain the importance of mental health.
5. Explain the causes of poor mental health wellbeing
6. Elaborate Need for mental health promotion



**Fr. Dr. Jolly Andrews**  
Assistant Professor-  
In-charge of Principal  
Christ College (Autonomous)  
Irinjalakuda